# STORIES, STRATEGIES & STRUGGLES



### **Workshop Topics:**

- 1. Dr David Tan (MC Provider, USA) Soul Care: Helping Workers Find Soul Rest
- 2. Cheong Swee Gim (OM, Malaysia) Facing Your Shadow
- 3. Dr Mark Toh (Clinical Psychologist, Singapore) Parenting MKS: Principles for Helping Mks Thrive
- 4. Dr Pramila Rajendra (MC Consultant, India) Lessons & Insights for Leadership MC: An Asian Perspective
- 5. Kim Koh (Counselor, USA) Unearthing Apples of Gold in the Sand
- 6. Dr Wang Ling Huei (MC Provider, Taiwan) Development & Challenges of Chinese MC in the Post-Pandemic World
- 7. Dr David Wilson (Author, USA) Mind the Gap: Engaging the Church in MC
- 8. Jana Tan (Adult TCK, USA) The Paradox of 3: TCKs and Mental Health
- 9. Dr Ashley Tee (OM) Enabling Workers from Emerging Nations to Thrive on the Field



# **CONFERENCE DETAILS**

### Place:

Cititel, Georgetown Penang Malaysia

### Date:

Sunday April 16 to Thursday April 20 2023

### Cost:

Twin Sharing:

US\$350 (\$US335 before January 31st 2023)

### Single Room:

US\$450 (US\$435 before January 31st 2023)

### Commuters (No Accommodation):

US\$225 (US\$210 before Jnauary 31st 202)

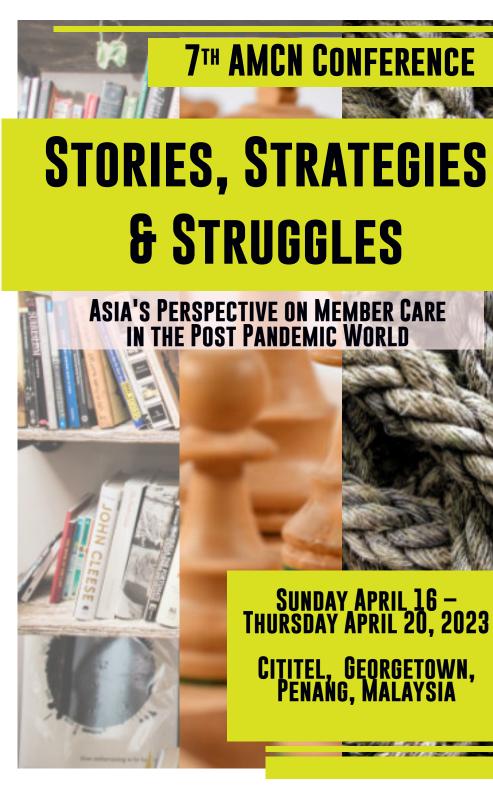
### **Additional Nights:**

US\$55 per room / per night / twin sharing (breakfast provided)

### **Cancellation Policy:**

US\$75 before March 15th 2023 \$125 after March 15<sup>th</sup> 2023

For registration & Payment: <a href="https://barnabasinternational.regfox.com/amcn-2023">https://barnabasinternational.regfox.com/amcn-2023</a>



### Introduction

The Asia Member Care Network Conference began in 2008 under the leadership of Drs Wilson Phang, David Tan and a working committee of seven members. It has been fifteen years since we Asian Member Care Providers began learning what it takes to care for our Asian workers around the world. We want to thank our early partners and sponsors Barnabas International, Heartstream Resources USA, Heartstream Resources New Zealand and The Well in Thailand. They believed and supported us financially in our vision and desire to stimulate and begin a member care movement in Asia.

Our biannual conference was cancelled and postponed for the past three years. As countries opened up their borders, we are ready to gather again. While we want to retain our initial conference theme "Stories, Strategies & Struggles: Member Care in the Asian Context", we must also face the impact of the pandemic on the future of member care. Thus this change in next year's conference theme "Stories, Strategies & Struggles: Asia's Perspective of MC in the Post Pandemic World".

The World Mental Health Report for June 2022 stated that depression and other mental health issues increased 25% globally since the pandemic. While we may be tired and sick with any mention of the subject, this increase in mental health issues must be faced squarely and honestly. As an example, my low grade depression at the beginning of the pandemic turned into a full bloom depression blue by the end of 2021. This has not only affected my own mental health but also my effectiveness as a member care provided. This Conference will address what we have all learned through this difficult season of global pandemic.



## **KEYNOTE SPEAKER**



### Dr Sam Rima, DMin, PhD

Director of Leadership Formation at DeoWorks

Dr Sam Rima has served in a broad variety of ministry and leadership roles over the past 35 years, spanning the church, academia, and the non-profit worlds. His passion is to raise leaders, walk alongside and support them and fuel leaders to fulfill their calling.

### Asia Member Care Network

The Asia Member Care Network is a loose network of people working in Asia as Care Providers for those in non-government and humanitarian organizations. Membership is by participation in the bi-annual conference as well as country specific meetings. Members agree and sign the network code of conduct and the best practice document.

This conference exists to build, encourage, equip and network Member Care Providers in supportive environment. The conference focuses on:

- Care for NGOs (non-government organization)
- Encouragement for professional and personal growth spiritually, mentally and emotionally
- Proactive and preventative response to NGO needs Partnership with all involved in care giving to NGO

### **Pre-Conference Spiritual Retreat:**

Date: Thursday April 13<sup>th</sup> to Sunday April 16<sup>th</sup> 2023

Retreat Leader: Yvonne Huang

### Theme:

Return to your rest, my soul, for the Lord has been good to you.
- Psalm 116:7

These quiet prayer retreats are for those who are desiring to go on a deeper journey with God.

God calls us to stillness and quiet and so there will be guided group meditations and then plenty of opportunities for your own silent times of prayer and for rest.

The guided group times will include Scripture, music, and times of silence. There will be chances to pray in creative ways using collage, paints and crayons.

### Venue:

Stella Maris Retreat Center, Penang, Malaysia

### Cost:

US\$250 (US\$225 before January 31st 2023)