

Resources for Adult TCKs

October 2021

(A)TCK Books

- Growing Up Among Worlds, 3rd Edition, Pollock & VanReken
- Misunderstood, Tanya Crossman
- Unstacking Your Grief Tower, Lauren Wells
- I Have to Be Perfect, Tim Sanford
- Belonging Everywhere and Nowhere, Lois Bushong
- Worlds Apart, Marilyn Gardner
- Notes from a Traveling Childhood, Karen McCluskey
- Third Culture Kids: A Gift to Care For, Ulrika Ernvik
- Unrooted Childhoods: Memoirs of Growing Up Global, Faith Eidse and Nina Sichel
- Looming Transitions, Amy Young
- Letters Never Sent, Ruth Van Reken
- Global Cosmopolitans, Linda Brimm
- Diamond Fractal, Karen Keegan and Minna Kayser
- The Global Soul, Pico Iyer
- Writing Out of Limbo: International Childhoods, Global Nomads and Third Culture Kids, Gene H. Bell-Villada and Nina Sichel with Faith Eidse and Elaine Neil Orr
- Belonging Beyond Borders, Megan Norton (*forthcoming*)

Group Studies

- Life in Motion: Growing through Transition, Amy Casteel and Ruth Van Reken
- Tarmac, Laura Ward and Brenda Keck

(A)TCK Coaches

- Jamey Lewis (Christian faith-based) - <https://www.couragelifecoaching.com/>
- Jen Mohindra (*not* Christian faith-based) - <https://jenmohindra.com/>
- Trova Health (*not* Christian faith-based) - <https://www.trova.health/marketplace/>

Counseling

- **Christian Faith-Based Counseling**
 - Link Care Foundation - <http://linkcare.org/>
 - Third Culture Therapy - <https://www.tcktherapy.com/>
 - TCK Counseling Network - <https://www.tckcounseling.com/>
 - Brianna White - <https://intrepidcounseling.org/>
 - Compass Ministries - <https://www.compass-ministries.net/>
 - Barnabas International - <https://www.barnabas.org/>
 - Life Story Therapies - <https://www.explorelifestory.com/>
- **Not Christian Faith-Based Counseling**
 - International Therapist Directory - <https://internationaltherapistdirectory.com/>
 - Location Independent Therapists - <https://locationindependenttherapists.com/>

Magazines

- Among Worlds - <https://interactionintl.org/publications/among-worlds-magazine/>

- TCK Town - <http://www.tcktow.com/>
- Denizen - <https://denizenmag.com/>
- Culturs - <https://www.cultursmag.com/>

Websites

- **Blogs**
 - Dr. Rachel Cason - <https://www.explorelifestory.com/blog/>
 - Marilyn Gardner - <https://communicatingacrossboundariesblog.com/>
 - Tanya Crossman - <https://www.tanyacrossman.com/blog>
 - Megan Norton - <https://adultthirdculturekid.com/>
 - Michele Phoenix - <https://michelephoenix.com/blog/>
- **Art**
 - The Culture MiKs (Hannah Matthews) - <https://culturemiks.com/>
- **Organizations**
 - Barnabas International
 - Adult TCK Retreat
 - Counseling
 - Interaction International
 - TCK Live
 - TCK Connects
 - Compass Ministries
 - Counseling
 - Retreat
 - MK Chats
 - TCK Training
 - 2022 Calendar (workshops)
 - Grief Tower - Debriefing Service
 - More Network Outreach Canada
 - Retreat
 - Families in Global Transition (FIGT)
 - Geographical and Shared Interest Affiliates (do not need to be members to participate)

Films

- The Road Home
- Alien Citizen: An Earth Odyssey

Podcasts about/for TCKs

- Third Culture Stories - TCKs of Asia
- Pondering Purple - Michele Phoenix
- TCK Care - Stephen Black
- TCK_VOF - a Cru podcast hosted by Jonathan Walthour
- A Culture Story - Megan Norton
- People Like Us - Jen Mohindra
- Floaters
- The Global Chatter - The Black Expat podcast
- Diesel & Clooney Unpack the World - Chris O'Shaughnessy and Jerry Jones
- Third Culture Talks
- Global CKtizens - Calvin Karuniawan Widjaja

Instagram Communities for TCKs

- TCKs for Christ
- Truth4TCKs
- MK_togetherness (MK focused)
- MuKappa International
- ThirdCultureKid_Memes
- TCK Global
- TCKpsychology
- _thirdculture

Facebook Communities for TCKs

- Adult TCKs (US Midwest Retreat and more)
- People Like Us; The Place for Adult TCKs to Thrive - Jen Mohindra
- TCKid: Third Culture Kids
- TCKs of Asia
- Third Culture Content
- TCK Global: Home for Third Culture Kids
- Third Culture Kids - TCKs Worldwide
- Third Culture Kids Everywhere
- The MK Hub
- Culture MIKS
- MK Lounge
- Third Culture Kids: Our Stories
- Never Home: Transitioning from Life Overseas
- You Know You're a Third-Culture Kid When...
- You Know You're an MK When...
- +CompassMKForum

Not-TCK Specific Resources, but Relevant!

Bible Studies

- The Journey - Vantage Point 3

Books

- Better Decisions, Fewer Regrets: Five Questions to Help You Determine the Next Move, Andy Stanley
- Just Do Something: A Liberating Approach to Finding God's Will, Kevin DeYoung
- The Uninvited Companion: God's Shaping Us in His Love Through Life's Adversities, Scott Shaum
- The Next Right Thing, Emily P. Freeman
- Placemaker, Christie Purifoy
- Soul Keeping, John Ortberg
- The Pastor's Kid, Barnabas Piper
- With, Skye Jethani

Employment Opportunities

- Tim Truesdale - Omniverse Virtual Reality
- TCK Work: www.frontiersusa.org/work-for-frontiers/

Service/Volunteer Opportunities??

- Transition Seminar Staff?

- Barnabas International
- Interaction International
- Narramore Foundation
- MuKappa International
- Snow Camp?
- URBANA2022?

Research

- TCK Training Survey - <https://www.surveymonkey.com/r/TCKACEs>
- Tanya Crossman?

Upcoming 2021 - 2022

- TBA (To Be Announced on Barnabas.org Adult TCK page)
 - Adult TCK pop up events
 - The Journey Cohort
 - Tarmac Cohort
- November 2021 - TCK Global Summit (online)
- November - Starting in mid-November a Tarmac Cohort
- January - February 2022 - Mentoring Training by Compass Ministries
- February 14, 2022 - TCK Training: Adult TCK Romantic Relationships
- February 18-20, 2022 - Compass Ministries Retreat; Georgia
-<https://www.compass-ministries.net/se-regional-retreat>
- March 5, 2022 - TCK Training: Adult TCK Identity and Belonging
- October 2022 - Adult TCK Retreat

TCK Search Engine Resource Hubs

- <http://tckresources.com/>
- <https://mnrl.outreach.ca/>